



Be involved
use your head at
SSMART
ANSWERS 2
how we can talk about
alcohol Conference

Information for parents

Parent Session

Date: Wednesday 9 September, 6.30pm - 9 pm

Venue: Alexandria on Lydiard

Cost: Free with giveaways, a theatre experience and the chance to have your say

SSMART (Surviving Substance Misuse and Alcohol Risk Taking) Answers – How we talk about Alcohol is the second community conference involving young people, their families, health, education, alcohol and other drug workers and community members.

SSMART ANSWERS explores the issues of personal safety, communication with friends and parents, laws and legal issues and media with relationship to alcohol harm. In the lead up to this conference Ballarat's young people and parents have been working to define the issues and shape the event.

Parent Workshop

At a pre-conference workshop in August parents identified that they would like to learn more about the following:

- alcohol and binge drinking
- party substances
- communication – how to talk about these issues
- safety - what to do when things go wrong

Evening Session for parents and community members

- 6.30 Welcome and introduction – feedback from young people
- 7.00 Forum Theatre – exploring the issues
- 7.45 Break - supper
- 8.00 Panel session – John Toumbourou, local health, medical, legal, Step Back Think and mental health representatives
- 9.00 Close

John Toumbourou:



John is the Deakin University Chair of Psychology and manages a number of research teams within the Centre for Adolescent Health at the Department of Paediatrics, University of Melbourne and the Murdoch Children's Research Institute, Royal Children's Hospital. His academic background is in health and community psychology and his research projects include the longitudinal follow-up of children and youth cohorts and the development and evaluation of parent and community health promotion interventions.

For further information contact:

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