

Things to do with Your child OUTSIDE

Cloud gaze

Bird watch

Watch the sunset

Pick up sticks

Pick up litter

Go on a nature Scavenger Hunt

Make a nature bracelet

Make a cubby/fort

Make tree and leaf rubbings

Make letters out of nature

Count pieces of nature

Thread beads on sticks

Make up a nature story

Read outside

Free Play

Write on the footpath with chalk

Blow bubbles

Bring toys outside

Make nature prints

Look for bugs

Collect leaves

Weave nature

Sort nature

Have a picnic outside

Play a sport

Make nature jars

See what sinks and floats

Jump in a pile of leaves

Identify different plants

Make a nature portrait

Climb a tree

Colour with nature

Make a hopscotch game with chalk

Make nature mandalas

Make a bird feeder

Look for beginning sounds in nature

Make a nature puzzle

Take photos in nature

Press flowers

Explore with binoculars

Listen to music

Fly a kite

Throw a Frisbee

Throw a ball

Go on a Five Senses Walk

Search for colours in nature

Hug trees

Do a hula hoop toss

Plant something

Dig in the dirt

Stack and balance rocks

Draw a map of your yard

Make a crown

Have a BBQ

Go for a bike ride

Play 'Hide & Seek'

Hide something and make a treasure map

Make a sand castle